

# RACE RESULTS

## Apple Blossom Run

Wenatchee / May 1 / 10K, 5K

10K--MALES		40-49		40-49	
Overall					
Steve Tidd	33:14	Lisa Robinson	46:18	Jerry Teeter	19:12
Russ Otani	35:44	Patty Robinson	51:53	Frank McWhirter	20:27
Bill Schmidt	35:55	50-59		Steven Sanchez	20:34
Mark Broberg	36:23	Lisa Klossner	46:53	Tracy Maynard	20:43
Roger Volkman	37:13	5K--MALES		Ted O'Donnell	20:49
19-29		Overall		John Waymire	21:06
Keith Hoffman	38:19	Joe Hamon	15:50	Dan Feil	22:07
Travis Eloff	40:42	Joe Laux	16:43	John D'Amour	22:25
Jeff Mettler	43:03	Phil Marple	16:53	John Fish	22:26
Jeff White	44:08	Brian Wengren	17:02	Bruce McWhirter	23:14
Dennis Jackson	53:02	Larry Cordes	17:03	Scott Kane	23:49
30-39		Under 19		Gary Riesen	23:59
Steve Tidd	33:14	Brian Wengren	17:02	David Lewis	25:44
Russ Otani	35:44	Jeff Parrish	17:57	Timothy Locke	26:38
Bill Schmidt	35:55	Justin Vipond	18:06	Robert Torkelson	28:16
Mark Broberg	36:23	Mike McDonnell	18:40	James Dramond	28:37
Roger Volkman	37:13	Mike Kelly	21:30	Darold Thornton	30:07
Tom Feil	37:49	Aaron Spencer	22:19	Rudy Mueller	44:21
Gary Wiggins	40:25	Jason Terry	24:06	50-59	
Mark Ringfield	41:48	Daniel Adkins	25:13	Norman Hinen	18:42
Jim Smith	43:15	Shane Gerde	26:15	Del Sisler	21:04
Jeff Peterson	43:48	Greg Stahly	28:07	Dwayne Hockett	23:40
Dave Akers	44:33	Zach Fife	30:51	Norman Larsen	23:51
Randy Weg	48:03	Fernando Pruneda	31:04	Philip Jones	28:28
Steven Harnack	49:47	Jeff Colorossi	33:09	Luther Beaty	30:09
Michael Roseberry	52:09	Josef Muench	46:16	60-over	
Jerry Nieto	52:50	19-29		Eldon Rickman	24:24
40-49		Joe Hamon	15:50	Verne Howeler	24:40
Jerry Buchman	39:52	Joe Laux	16:43	George Frese	29:26
Craig Lasater	39:52	Larry Cordes	17:03	Floyd Thornton	30:07
Joe Anderson	42:15	John Lewandowski	17:48	Willett Bowerman	37:06
Joel Williams	43:02	Dan Scott	18:33	Arthur Engle	1:00:43
Rick Klinge	43:19	Carmen Mendoza	18:38	5K--FEMALES	
Donald Cameron	43:39	Ron Cate	19:52	Overall	
Brian Grater	43:55	Ernie Chan Nui	20:18	Lynn Laux	18:23
Doug Wharton	44:47	Craig Larsen	20:18	Michele Stutzman	18:58
Fred Blodgett	48:52	Terrence Hayes	21:23	Amy Thorne	20:29
Gerald Cadman	49:07	Kenneth Kimes	22:08	Laura Peer	20:36
50-59		Troy Lindsey	22:18	Kori Buford	21:02
Steven Johnson	44:27	Scott Clark	27:59	Under 19	
Kenneth Huber	45:50	30-39		Kori Buford	21:02
Gene Karjalahti	48:09	Mark Krueger	15:42	Cami Gage	21:21
10K--FEMALES		Phil Marple	16:53	Cari Robinson	21:41
Overall		John Shelton	17:50	Jamie Strand	24:29
Mary Zontek	41:26	Jose Barroso	19:44	Kjerstin Hardy	26:19
Jodi Fiedler	43:48	Jim Davis	19:53	Rebecca McKinney	27:01
Melissa Nagy	44:59	Paul James	20:21	Sarah King	28:05
Lisa Robinson	46:18	Peter Theobald	20:45	Jenny Peterson	28:06
Jordi Kimes	46:46	Colin Brine	20:49	Julia Knowles	28:51
19-29		Greg Lovercamp	21:09	Stacy Watson	30:32
Jodi Fiedler	43:48	Mark Bourassa	21:11	19-29	
Melissa Nagy	44:59	George Gilhuly	21:12	Lynn Laux	18:23
Jordi Kimes	46:46	Bill Dooley	21:41	Christie McKinney	22:19
30-39		Dutch Jacoby	21:45	Kim Walker	22:25
Mary Zontek	41:26	Stephen Thorne	22:15	Kelli Canterbury	23:44
Annette Jouard	48:32	Allan Martin	23:35	Janet Bolely	24:06
Kim Muenz	49:12	Robert Dollinger	24:35	Janice Boserst	24:55
Sue Johnson	49:22	Mike Wade	24:41	Devonne Ehrenberg	25:36
Sandra Beardsley	58:21	Donald Myers	26:12	Julie Parks	25:43
		Norman Terry	26:30		
		Steve Adkins	28:06		
		Martin Simons	30:37		
		Alan Fife	31:12		

Angela Buchanan	26:23	Jeanine Allen	24:37	40-49	
Patti Jones	27:16	Christi Spencer	26:40	Patricia Staggs	25:35
Kim Crown	27:29	Kim Akers	28:10	Elena Wiggins	30:01
Twila Anderson	29:45	Michelle Ellis	28:15	Lucy Avery	38:00
Marci Reddish	30:13	Jyl Elsea	28:36	Mary Muench	46:17
Lori Hartman	30:13	Susan Knowles	28:52	Diane Engh	49:29
Jocelyn Mundinger	31:39	Beth Stahly	28:52	50-59	
Brenda Hetterle	33:10	Leann Traylor	29:40	Sandy Jones	28:20
30-39		Teresa Wharton	29:56	Betty Ostrycharz	30:22
Michele Stutzman	18:58	Julie Jones	30:15	Gretchen McMillin	35:42
Amy Thorne	20:29	Sandi James	34:16	Mary Lowe	38:15
Laura Peer	20:36	Annette Johnson	34:16	60-over	
Paula McWhirter	21:37	Anne Wagg	35:22	Joan Kraft	28:42
Doreen Petersen	22:08	Leslie Clark	35:25	Alice Perkins	41:04
		Laurie Huntsman	49:29		
		Kris Genrich	58:00		
		Patty Talbot	1:00:43		

## Sunflower Relay/Iron Event

Mazama to Twisp / May 1 / 21.2 mi

MALES		FEMALES	
Open		Open	
David Roberts	2:25:04	Mike Donoghue	3:00:17
Kjel Seberg	2:26:57	Paul Erlich	3:10:10
John Esposito	2:38:48	Jim Braden	3:11:47
Peter Fountain	2:41:37	Cass Benedict	3:18:48
Jay Gainer	2:44:29	Stephen Martin	3:18:48
Chris Sherwood	2:46:31	Skip Garcia	3:19:37
Mark Gallagher	2:50:01	Ron Warner	3:22:51
Steve Varga	2:55:27	David Lygre	3:42:58
Paul Zambon	3:02:15	Dwight Reed	3:57:06
Gary Jacquot	3:08:40	Frank Fleetham	4:21:03
Rob McGregor	3:15:32	Lary Webster	4:21:04
Greg Jacobsen	3:18:01	Masters	
Steve Lanford	3:38:11	Kate O'Neill	3:00:17
Brian Newton	3:44:12	Ricki Vadset	3:18:48
Stewart Dufield	3:52:52	Pat Warner	3:22:50
Randy Elliott	4:00:00	Diane Britzius	4:13:30
Mark Bodamer	4:05:11	Celia Rosales	4:13:30
Masters		TEAMS	
Guy Waring	2:47:50	Queen Anne Flyers	2:25:56
David Kendall	3:00:02	Balsam Rooters	2:31:41
		Laurel Cromwell	2:50:00
		Connie Benson	2:56:34
		Corina Jacquot	3:08:40
		Jane Lanford	3:09:20
		Jane Schloth	3:23:10
		Betty Jo Wolf	3:31:58
		Swift Current	2:41:12
		Back for the Potluck	2:59:19
		The Dam Impossibles	2:59:50
		Fun Runners	3:10:16
		Grammas Road Slugs	3:22:09
		The Young & the	3:26:27
		Breathless	3:26:27

## Falls to Gasworks

Snoqualmie Falls to Gasworks Park / April 25 / 75K

MALES		FEMALES	
Open		Open	
Mark Bodamer	5:58:23	Bob Dolphin	7:47:17
Bill Ralph	6:57:06	Rick Riedel	7:55:01
Lauro Mullins	7:18:58	Larry Epp	8:04:03
Mark Barnett	8:41:59	Frank Fleetham	8:07:05
Tom Moore	8:48:24	Ernie Barrett	8:27:54
Chris Nymann	9:41:19	Greg Whitcomb	8:38:09
Ray Gruenewald	9:55:41	Stan Nakashima	8:48:25
Masters		Dennis Wischmeier	8:52:23
David Lygre	6:23:39	Gary Sheffler	8:55:47
Dave Henry	6:42:57	J. R. Phillips	8:57:13
Steve Varga	6:54:39	Teams	
Lary Webster	6:57:08	Team Messiah	4:15:52
Ron Nicholl	7:02:38	IRC Manimals	4:21:34
Ron Warner	7:19:15	Fronrunners	6:01:00
Mike Lindfield	7:23:53	Fronrunners	4:28:56
John Bandur	7:37:55	All Washed Up	4:47:19
		Team Mofa	4:48:16
		Return of the Leopard	5:12:19
		Ladies	5:57:50
		Fronrunners	6:01:00
		Prunes Too	6:05:01
		Lady Long Legs II	6:05:18