

Mt Si Relay and Ultra Runs - April 13, 2008
Snoqualmie, WA

50 Mile Solo Results

55 Starters, 50 Finishers

| Place | Name | Sex | Age | City | State | Run Time hr:min:sec |
|-------|------------------|-----|-----|---------------|-------|------------------------|
| 1 | Miles Ohlrich | M | 38 | Seattle | WA | 6:39:05 |
| 2 | Don Maclane | M | 46 | Mercer Island | WA | 6:44:48 |
| 3 | Eric Sach | M | 39 | Bellevue | WA | 6:47:07 |
| 4 | Alex Swanson | M | 43 | Vashon | WA | 6:54:09 |
| 5 | Jamie Gifford | M | 46 | SeaTac | WA | 7:11:19 |
| 6 | Ryan McKnight | M | 35 | Bothell | WA | 7:16:21 |
| 7 | Cian Montgomery | M | 35 | Portland | OR | 7:18:32 |
| 8 | Steve Roberge | M | 36 | Bellevue | WA | 7:42:59 |
| 9 | Charlie Crissman | M | 39 | Seattle | WA | 7:45:13 |
| 10 | Joseph Tompkins | M | 37 | Mount Vernon | WA | 7:52:17 |
| 11 | Van Phan | F | 37 | Maple Valley | WA | 7:56:47 |
| 12 | Arthur Martineau | M | 40 | Bellevue | WA | 8:01:41 |
| 13 | Gilles Barbeau | M | 52 | Vancouver | BC | 8:04:58 |
| 14 | Shawn Lawson | F | 31 | Renton | WA | 8:06:29 |
| 15 | Martin Fagan | M | 45 | North Bend | WA | 8:06:30 |
| 16 | Karl Jensen | M | 58 | North Van. | BC | 8:07:00 |
| 17 | Tony Covarrubias | M | 47 | Auburn | WA | 8:11:12 |
| 19 | Roy Seliber | M | 48 | Sammamish | WA | 8:23:51 |
| 18 | Stephanie Astell | F | 44 | Leavenworth | WA | 8:23:51 |
| 20 | Dustin Johnson | M | 26 | Seattle | WA | 8:25:01 |
| 21 | Dave Dutton | M | 51 | Camano Island | WA | 8:26:17 |
| 22 | Hope Fox | F | 33 | West Richland | WA | 8:26:39 |
| 23 | Alex Rea | M | 35 | Bellevue | WA | 8:28:14 |
| 24 | Gary Schancer | M | 55 | Albuquerque | NM | 8:28:24 |
| 25 | Francis Agboton | M | 35 | Bellevue | WA | 8:33:41 |
| 26 | Don Messenger | M | 54 | Sammamish | WA | 8:39:31 |
| 27 | Baldwin Lee | M | 35 | Burnaby | BC | 8:39:47 |
| 28 | Zach McDonald | M | 38 | North Bend | WA | 8:44:35 |
| 29 | Lorie Alexander | F | 49 | Vernon | BC | 8:48:53 |
| 30 | Jeff Loen | M | 51 | Kenmore | WA | 8:49:18 |
| 31 | Glen Mangiantini | M | 50 | Bellevue | WA | 8:51:15 |
| 32 | Stuart Johnston | M | 50 | Seattle | WA | 8:55:45 |
| 33 | Linda Barton | F | 30 | Everett | WA | 8:59:20 |
| 34 | Barry Hopkins | M | 54 | Buena Vista | SK | 9:01:12 |
| 35 | Joe Richie | M | 29 | Seattle | WA | 9:07:40 |
| 36 | Warren Gray | M | 47 | Bremerton | WA | 9:12:58 |
| 37 | Nic Plemel | M | 26 | Seattle | WA | 9:21:53 |
| 38 | Jeff Mikesell | M | 47 | Issaquah | WA | 9:27:02 |
| 39 | Craig Foster | M | 46 | Kirkland | WA | 9:31:58 |
| 40 | Bonni Brooks | F | 44 | Seattle | WA | 9:35:35 |
| 41 | Francesca Carmic | F | 48 | Woodinville | WA | 9:53:41 |
| 42 | Ryan Cochrane | M | 25 | Seattle | WA | 9:55:35 |
| 43 | Rainer Schulz | M | 65 | Roy | WA | 9:55:42 |
| 44 | Jamie Keizer | F | 31 | Snoqualmie | WA | 9:59:18 |
| 45 | Marc Greenberg | M | 57 | Snohomish | WA | 10:04:59 |
| 46 | Ray Gruenewald | M | 47 | Seattle | WA | 10:12:28 |
| 47 | William Holmes | M | 56 | Thorp | WA | 10:47:45 |

2008ResultsMSRSaRa.txt

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|----|--------------|---|----|----------|----|----------|
| 48 | Linda Walter | F | 56 | Puyallup | WA | 10:50:06 |
| 49 | Takeo Suzuki | M | 43 | Redmond | WA | 10:59:32 |
| 50 | Gary Wright | M | 57 | Renton | WA | 13:44:00 |

50K Solo Results

58 Starters, 56 Finishers

| Place | Name | Sex | Age | City | State | Run Time hr:min:sec |
|-------|---------------------|-----|-----|----------------|-------|------------------------|
| 1 | Chris Twardzik | M | 33 | Snoqualmie | WA | 3:52:30 |
| 2 | Kendra Ralstin | F | 40 | Tacoma | WA | 3:53:09 |
| 3 | Jonathan Symmes | M | 41 | Sammamish | WA | 4:03:30 |
| 4 | Judson Douglas | M | 30 | Oswego | IL | 4:09:47 |
| 5 | Richard Nelly | M | 50 | Lake Tapps | WA | 4:10:52 |
| 6 | Mitch Parker | M | 47 | Kent | WA | 4:13:33 |
| 7 | Larry Abraham | M | 58 | Steilacoom | WA | 4:14:22 |
| 8 | Rob Nelly | M | 50 | Vancouver | WA | 4:16:52 |
| 9 | Liz Strathy-Merr | F | 43 | Bellevue | WA | 4:20:52 |
| 10 | Kendall Kreft | M | 48 | Lake Stevens | WA | 4:29:36 |
| 11 | Nina Kemsley Church | F | 33 | Sammamish | WA | 4:29:51 |
| 12 | Ben Gmelch | M | 32 | Seattle | WA | 4:30:41 |
| 13 | David Crerar | M | 38 | North Van. | BC | 4:40:03 |
| 14 | Shin Hamanaka | M | 37 | | | 4:44:27 |
| 15 | Andre O'Donnell | M | 29 | Seattle | WA | 4:45:24 |
| 16 | Steven Yee | M | 48 | Renton | WA | 4:48:08 |
| 17 | David Coates | M | 34 | Seattle | WA | 4:49:17 |
| 18 | Tom Stoltz | M | 33 | Kent | WA | 4:51:20 |
| 19 | Maria Amaya | F | 34 | Tacoma | WA | 4:51:31 |
| 20 | Angela Loihz | F | 38 | Seattle | WA | 4:51:35 |
| 21 | Bob Wismer | M | 47 | Mill Creek | WA | 4:54:13 |
| 22 | Nathaniel Rastal | M | 44 | Kirkland | WA | 4:54:13 |
| 23 | Mark Dix | M | 47 | Bellevue | WA | 4:55:20 |
| 24 | David Gardner | M | 41 | Tacoma | WA | 4:58:05 |
| 25 | Valerie Beyer | F | 45 | Auburn | WA | 5:02:00 |
| 26 | Michael Gray | M | 35 | Bonney Lake | WA | 5:04:46 |
| 27 | Seng-Lai Tan | F | 36 | Newcastle | WA | 5:18:35 |
| 28 | Tim Lofton | M | 41 | Marysville | WA | 5:21:49 |
| 29 | James Kondek | M | 52 | Bainbridge Is. | WA | 5:27:54 |
| 30 | Tom Ripley | M | 59 | Sammamish | WA | 5:34:55 |
| 31 | Jill Hudson | F | 46 | Seattle | WA | 5:36:59 |
| 32 | Amy Wismer | F | 43 | Mill Creek | WA | 5:37:57 |
| 33 | Barbara Dekeyser | F | 32 | Seattle | WA | 5:41:58 |
| 34 | Lindsay Felker | F | 27 | Seattle | WA | 5:41:58 |
| 35 | Roger Violette | M | 38 | Kirkland | WA | 5:42:36 |
| 36 | David Heyting | M | 31 | Snoqualmie | WA | 5:42:36 |
| 37 | Christina Ralph | F | 56 | Kirkland | WA | 5:44:54 |
| 38 | Stan Nakashima | M | 51 | Mt Vernon | WA | 5:44:54 |
| 39 | Andrew Dunn | M | 40 | Kirkland | WA | 5:52:33 |
| 40 | Kathleen Leonard | F | 37 | North Bend | WA | 5:53:35 |
| 41 | Christine Snell | F | 31 | Issaquah | WA | 5:54:06 |
| 42 | Steve Ellis | M | 40 | Kent | WA | 5:54:06 |
| 43 | Michael N. Lacom | M | 52 | Puyallup | WA | 5:55:53 |
| 44 | Kathy Crompton | F | 51 | Everson | WA | 5:56:43 |
| 45 | Carol Cuminale | F | 55 | Santa Cruz | CA | 5:56:43 |

2008ResultsMSRSaRa.txt

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|----|-----------------|---|----|-------------|----|---------|
| 46 | Phil Prins | M | 53 | Snohomish | WA | 6:00:15 |
| 47 | Lynn Yarnell | F | 57 | Bothell | WA | 6:05:38 |
| 48 | Laura Houston | F | 53 | Seattle | WA | 6:12:13 |
| 49 | Monte Pascual | M | 48 | Federal Way | WA | 6:12:58 |
| 50 | Adam Stritzel | M | 29 | Redmond | WA | 6:22:11 |
| 51 | John Bandur | M | 70 | Federal Way | WA | 6:22:39 |
| 52 | Kaci Sun | F | 29 | Bremerton | WA | 6:29:49 |
| 53 | Rhonda Schuller | F | 57 | Vancouver | BC | 6:33:59 |
| 54 | Jon Nevitt | M | 68 | Burlington | WA | 6:34:35 |
| 55 | Colvin Holm | M | 59 | Kent | WA | 6:56:26 |
| 56 | Max Welker | M | 65 | Tacoma | WA | 8:01:03 |

Relay Results

57.8 Miles

5 Runners per Team, 10 Leg Course

| Place | Cat-Div | Team Name | Run Time hr:min:sec |
|-------|---------------|--|------------------------|
| 1 | Male-Master | Run 26 | 5:32:56 |
| 2 | Male-Open | Trail Pimps | 5:50:12 |
| 3 | Mixed-Master | Mary & Her Entourage | 6:02:02 |
| 4 | Mixed-Open | Lucky Charms | 6:25:38 |
| 5 | Male-Open | Honolulu Track Club - Green | 6:25:53 |
| 6 | Male-Master | No Country for Slow Men | 6:35:59 |
| 7 | Mixed-Open | Knight Runners | 6:41:30 |
| 8 | Male-Corp | Elite Fitness Bellevue - JP | 6:48:10 |
| 9 | Rec-Rec | Genusslaeuffer | 6:49:00 |
| 10 | Male-Open | Will Run For Gu | 6:50:51 |
| 11 | Mixed-Corp | The Original Slug Club - Scoundrels Among Us | 6:53:41 |
| 12 | Male-Veteran | Senior Bashers | 6:57:26 |
| 13 | Male-Master | 5x7 | 6:58:19 |
| 14 | Male-Open | Renew Fitness | 7:00:00 |
| 15 | Rec-Rec | Sneaker Pimps | 7:04:02 |
| 16 | Mixed-Open | Basher Trashers | 7:06:45 |
| 17 | Female-Master | Tacoma Y Tri's Mt Si | 7:06:49 |
| 18 | Mixed-Master | More Guts Than Ability | 7:11:12 |
| 19 | Mixed-Open | Team Dae Han | 7:12:44 |
| 20 | Mixed-Corp | Get Fit with Fido | 7:17:51 |
| 21 | Mixed-Corp | Starbucks Longshots | 7:19:28 |
| 22 | Male-Open | Tacoma Scream Team | 7:20:47 |
| 23 | Male-Master | Felonious Five | 7:21:18 |
| 24 | Mixed-Master | Fried Tomatoes | 7:22:12 |
| 25 | Mixed-Master | Hot Chicks - N - Sausage | 7:23:48 |
| 26 | Male-Veteran | The Usual Suspects | 7:24:11 |
| 27 | Male-Corp | Got Runs! | 7:25:55 |
| 28 | Male-Master | Got Beat By A Girl | 7:26:37 |
| 29 | Mixed-Open | Pure Radness Abounds | 7:28:09 |
| 30 | Mixed-Open | Honolulu Track Club - Orange | 7:31:50 |
| 31 | Mixed-Open | JV Pine Riders | 7:32:15 |
| 32 | Mixed-Open | Palsgraf and the Tortfeasors | 7:32:35 |
| 33 | Mixed-Open | Wild Not Farmed | 7:33:18 |
| 34 | Rec-Rec | Bleeker's Track Stars | 7:35:56 |
| 35 | Mixed-Corp | Waypoint Outdoor | 7:36:00 |

2008ResultsMSRSaRa.txt

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|----|---------------|--|---------|
| 36 | Mixed-Corp | No Fun Intended! | 7:41:40 |
| 37 | Mixed-Master | IRC Tenacious Turtles | 7:42:23 |
| 38 | Mixed-Master | Whothoddathis | 7:42:48 |
| 39 | Mixed-Master | 343 | 7:43:05 |
| 40 | Mixed-Corp | Bumbling Bulldogs | 7:43:27 |
| 41 | Male-Master | Running on Empty | 7:43:43 |
| 42 | Mixed-Corp | Big Dogs 2 | 7:43:49 |
| 43 | Mixed-Open | Original Slug Club | 7:47:37 |
| 44 | Mixed-Open | Sparkle Horse | 7:49:14 |
| 45 | Male-Master | Siver Bullet | 7:49:30 |
| 46 | Mixed-Open | The Daptivators | 7:51:43 |
| 47 | Mixed-Master | The Balanced Athletes | 7:51:44 |
| 48 | Mixed-Open | Smokin' Aces | 7:52:42 |
| 49 | Mixed-Open | Team Bellarmine | 7:52:44 |
| 50 | Rec-Rec | Big Dogs | 7:54:59 |
| 51 | Rec-Rec | Elite Fitness Bellevue - Kelly | 7:56:25 |
| 52 | Male-Open | 4 Teachers and Their Therapist | 7:59:14 |
| 53 | Mixed-Master | Olenatchee | 8:01:20 |
| 54 | Mixed-Master | Honolulu Track Club - Blue | 8:02:53 |
| 55 | Mixed-Corp | C&D Zodiac | 8:05:53 |
| 56 | Mixed-Open | Dine and Dash | 8:05:58 |
| 57 | Female-Open | Husky Running Club | 8:07:39 |
| 58 | Female-Master | Jaguars | 8:08:08 |
| 59 | Male-Open | Zirkle Fruit Company | 8:11:00 |
| 60 | Mixed-Open | Team Mt Si | 8:15:38 |
| 61 | Rec-Rec | Somewhat Compromised | 8:18:01 |
| 62 | Mixed-Veteran | MeekerTeachers On The Run | 8:19:37 |
| 63 | Rec-Rec | Hurricane | 8:21:41 |
| 64 | Rec-Rec | Wenckebach Phenomenon | 8:21:49 |
| 65 | Mixed-Open | BALCO | 8:22:01 |
| 66 | Mixed-Open | QFC 2 | 8:22:30 |
| 67 | Mixed-Open | The Tortoise and the Hare | 8:24:12 |
| 68 | Female-Open | Bootylicious | 8:26:08 |
| 69 | Male-Master | In Between Legs | 8:27:13 |
| 70 | Mixed-Open | This Is My Race Pace | 8:30:22 |
| 71 | Male-Open | No HGH | 8:32:09 |
| 72 | Mixed-Open | We're Going Streaking !!! | 8:32:10 |
| 73 | Mixed-Open | The Speedy Dudes | 8:34:30 |
| 74 | Mixed-Corp | Rainier Fruit Company | 8:34:38 |
| 75 | Mixed-Master | QFC Team 1 | 8:36:47 |
| 76 | Mixed-Open | Karhu Concur | 8:37:58 |
| 77 | Mixed-Master | The Unbalanced Athletes | 8:38:50 |
| 78 | Female-Open | Dexy's Midnight Runners | 8:39:05 |
| 79 | Mixed-Open | Honolulu Track Club - Red | 8:39:16 |
| 80 | Mixed-Corp | Starbucks Coffee 11 | 8:42:26 |
| 81 | Rec-Rec | RENEW 4 LIFE | 8:45:05 |
| 82 | Mixed-Open | Why Not? | 8:45:06 |
| 83 | Male-Open | Puget Sound H3 | 8:46:13 |
| 84 | Mixed-Open | 3 chicks, a long pair of legs, and a shiny h | 8:47:00 |
| 85 | Mixed-Open | Hurt Too | 8:49:20 |
| 86 | Rec-Rec | RTO (Roger-Turner Overdrive) | 8:49:45 |
| 87 | Mixed-Open | Gluttons For Punishment | 8:51:02 |
| 88 | Mixed-Corp | Crane-iums | 8:51:33 |
| 89 | Mixed-Master | Team Dado | 8:54:55 |
| 90 | Rec-Rec | QFC #3 | 8:57:48 |

2008ResultsMSRSaRa.txt

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|-----|---------------|----------------------------------|----------|
| 91 | Mixed-Corp | Misfits | 9:01:22 |
| 92 | Mixed-Master | Team Synergy | 9:02:46 |
| 93 | Mixed-Corp | DAYSHIFT DESPARADOS | 9:03:30 |
| 94 | Male-Open | Witty Banter | 9:05:01 |
| 95 | Female-Master | Snowboarding Chix | 9:08:42 |
| 96 | Mixed-Corp | Starbucks Coffee 1 | 9:09:51 |
| 97 | Mixed-Open | Balance This | 9:15:35 |
| 98 | Female-Corp | Elite Fitness Bellevue - Tiffany | 9:41:54 |
| 99 | Female-Master | Team Fokitol | 9:45:24 |
| 100 | Rec-Rec | NRG BAR | 9:59:36 |
| 101 | Rec-Rec | NGR DRINK | 10:11:59 |