



Mt Si Relay and Ultra Runs 2011

50 Mile Run

April 10, 2011 - Snoqualmie, WA

<u>Overall</u>						<u>Run Time</u>
<u>Place</u>	<u>First Name</u>	<u>Last Name</u>	<u>Sex/Age</u>	<u>City</u>	<u>State</u>	<u>hr:min:sec</u>
1	Scott	Loughney	M40	Happy Valley	OR	7:09:13
2	Jody	Aslett	F42	Sandpoint	ID	7:14:07
3	Matt	Campbell	M27	Redmond	WA	7:22:31
4	Pete	Nicholson	M51	Vancouver	WA	7:31:45
5	Jackie	Muir	F34	Vancouver	BC	7:40:12
6	Steven	Muschek	M41	beaverton	OR	7:53:02
7	Ryan	Peterson	M45	East Wenatchee	WA	7:54:01
8	Eric	Wildt	M39	Tacoma	WA	8:10:50
9	Keith	Senzel	M40	Seattle	WA	8:17:44
10	Dennis	Aslett	M62	Sandpoint	ID	8:30:30
11	Cary	Miller	M50	Fairview	OR	8:43:20
12	Steve	Duncan	M43	Mount Vernon	WA	8:44:57
13	Burch	LaPrade	M39	Des Moines	IA	8:46:14
14	Mike	Kuiack	M43	Vancouver	BC	8:46:43
15	Daniel	Kuhlmann	M27	Tacoma	WA	8:50:06
16	David	Braza	M41	Bellevue	WA	8:52:43
17	Robert	Blomquist	M30	Renton	WA	8:57:00
18	Niki	Sibley	F28	Spokane	WA	8:57:43
19	Rachel	Gaidrich	F38	Hoquiam	WA	9:01:11
20	Simon	Gale	M40	Seattle	WA	9:13:19
21	John	Powell	M48	Seattle	WA	9:14:15
22	Tim	Lofton	M44	Marysville	WA	9:18:13
23	John	Daly	M47	Carnation	WA	9:19:23
24	Shawn	McTaggart	F34	Renton	WA	9:22:10
25	Tony	Covarrubias	M50	Renton	WA	9:22:11
26	Daryl	Wilson	M44	Woodinville	WA	9:26:00
27	David	Dutton	M54	Camano Island	WA	9:26:34
28	Vincent	Charbonneau	M40	Burlington	ON	9:30:44
29	TommyTrain	Elliott	M35	Bellevue	WA	9:39:23
30	Tim	Krueger	M48	Surrey	BC	9:51:40
31	Brett	Heinemann	M36	Snoqualmie	WA	10:00:11
32	Emily	Weiler	F38	Seattle	WA	10:10:09
33	Mona Lisa	Huerta	F35	Snoqualmie	WA	10:11:35
34	Jason	Vaughan	M39	Oroville	WA	10:15:32
35	Glen	Mangiantini	M53	Bellevue	WA	10:19:01
36	Claire	Heid	F22	Tacoma	WA	10:26:28
37	Rachel	Dillon	F32	Snoqualmie	WA	10:34:16
38	Jesse	Schimke	M21	Nine Mile Falls	WA	10:47:35
39	Craig	McMahon	M31	Chicago	IL	11:29:41
40	Janine	Baryza-Ly	F31	North Granby	CT	11:29:41
41	Tanner	Phillips	M35	Seattle	WA	12:31:12
42	Cheryl	Carrier	F45	Renton	WA	13:14:42
43	Ralph	McCauley	M54	Renton	WA	13:14:42



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1	Jay	Sloane	M48	Everson	WA	3:45:05
2	Dan	Friesen	M48	Redmond	WA	3:59:29
3	Kyle	McCoy	M32	Seattle	WA	4:05:57
4	Richard	Nelly	M53	Lake Tapps	WA	4:09:12
5	Kevin	Friedrich	M26	Seattle	WA	4:11:12
6	Matthew	Bucklin	M31	Missoula	MT	4:17:54
7	Brian	Pilgrim	M44	Albuquerque	NM	4:18:46
8	Ian	Morgan	M32	Cashmere	WA	4:22:43
9	Richard	Kresser	M25	Tacoma	WA	4:23:16
10	Kevin	Pazaski	M48	Sammamish	WA	4:24:03
11	Kristin	Ohm-Pedersen	F25	North Vancouver	BC	4:37:12
12	Ryne	Melcher	M32	North Vancouver	BC	4:37:28
13	Laird	Malamed	M43	Pacific Palisades	CA	4:39:21
14	Matthew	Searfus	M37	Seattle	WA	4:39:23
15	Trevor	Griffith	M34	Issaquah	WA	4:42:24
16	Shawn	Aebi	M45?			4:42:44
17	Shelley	Scheff	F34	Seattle	WA	4:42:46
18	Danielle	Hathaway	F32	seattle	WA	4:50:58
19	Bruce	Moore	M48	Surrey	BC	4:56:34
20	Kerry	Kintzley	M41	North Bend	WA	4:57:02
21	Kevin	Carrothers	M46	Sammamish	WA	4:58:21
22	Jennifer	Smith	F59	Everett	WA	5:03:31
23	Julie	Kamerrer	F31	Tumwater	WA	5:08:32
24	Teresa	Hanson-Redrup	F48	Leavenworth	WA	5:09:33
25	Shane	Carlson	M56	Seattle	WA	5:14:37
26	Matt	MacNeill	M31	Bonney Lake	WA	5:19:46
27	Marty	Bridges	M59	Federal Way	WA	5:20:06
28	Sarah	Lynch	F33	Seattle	WA	5:23:02
29	Romey	Haberle	F56	Tacoma	WA	5:24:44
30	Brian	Nelson	M29	Seattle	WA	5:26:47
31	Chris	Boone	M31	Auburn	WA	5:27:49
32	Jenny	Appel	F37	Puyallup	WA	5:30:26
33	Paul	Schmitz	M50	Redmond	WA	5:33:49
34	Kirby	Shabaga	M42	BELLEVIEW	WA	5:35:40
35	Linda	Carrier	F49	Everett	WA	5:37:53
36	Hoa	Nguyen	F39	Seattle	WA	5:40:04
37	Jeff	O'Hare	M44	Mill Creek	WA	5:40:26
38	Matthew	Smith	M38	Tacoma	WA	5:41:56
39	Jeff	Kass	M55	Seattle	WA	5:44:32
40	Dennis	Gray, Jr	M39	North Bend	WA	5:45:25
41	Kristin	Malek	F25	Tacoma	WA	5:46:45
42	Kathleen	Leonard	F40	North Bend	WA	5:49:03
43	Hai	Tang	M45	BOTHELL	WA	5:50:20

Overall

<u>Place</u>	<u>First Name</u>	<u>Last Name</u>	<u>Sex/Age</u>	<u>City</u>	<u>State</u>	<u>Run Time</u> hr:min:sec
44	Jonathan	Clark	M38	Kirkland	WA	5:50:20
45	Donna	Daus	F50	Wenatchee	WA	5:50:59
46	Mike	Pruyne	M42	Oak Harbor	WA	5:55:26
47	Mark	Croft	M50	Bellevue	WA	5:56:38
48	Tricia	Bowley	F36	Aberdeen	WA	5:57:24
49	Jennifer	MacCormack	F40	Seattle	WA	5:58:12
50	Lyn	Mikesell	F47	Issaquah	WA	5:58:12
51	Lindsay	Felker	F30	Seattle	WA	5:59:14
52	Steve	Ellis	M43	Kent	WA	6:01:53
53	Christine	Kerns	F34	Lacey	WA	6:01:53
54	Jim	Kopkowski	M52	Anacortes	WA	6:03:43
55	Jeanie	Arnold	F38	Seattle	WA	6:04:13
56	Colvin	Holm	M62	Kent	WA	6:09:24
57	Mike	Mahanay	M55	Seattle	WA	6:11:52
58	Craig	Romano	M49	Mount Vernon	WA	6:12:03
59	Susan	Sansing	F45	Sammamish	WA	6:13:56
60	Debby	Wilson	F49	Mercer Island	WA	6:13:56
61	David	Tran	M38	Bothell	WA	6:27:43
62	John	Bandur	M73	Federal Way	WA	6:28:45
63	Cindy	Tolman	F39	Bothell	WA	6:29:02
64	Sonja	O'Brien	F48	Kirkland	WA	6:29:07
65	David	Kissling	M32	Seattle	WA	6:31:42
66	Katherine	Kastner	F28	Seattle	WA	6:31:42
67	Stacey	Legg	F42	Everett	WA	6:43:00
68	Vicki	Rieger	F36	Marysville	WA	6:43:00
69	Alicia	Curry	F30	Seattle	WA	6:45:37
70	Deborah	Evdemon	F43	Sammamish	WA	6:51:11
71	Jon	Nevitt	M71	Burlington	WA	6:54:28
72	Stan	Nakashima	M59	Mt. Vernon	WA	6:54:28
73	Laura	Zeffer	F48	Bellevue	WA	6:54:58
74	Philip	King	M52	Oak Harbor	WA	7:08:37
75	Christopher	Kienzle	M47	Powell Butte	OR	7:11:15
76	Gary	Wright	M60	Renton	WA	7:14:05
77	Monte	Pascual	M50	Federal Way	WA	7:21:01
78	Gabriel	Atkins	M17	Grandview	WA	7:54:03
79	Mike	Atkins	M51	Grandview	WA	7:55:59



Mt Si Relay and Ultra Runs 2011

59 Mile Relay Run

April 10, 2011 - Snoqualmie, WA

(5 members per team, two legs each)

<u>Overall</u>			<u>Run Time</u>
<u>Place</u>	<u>Category</u>	<u>Team Name</u>	<u>hr:min:sec</u>
1	Male - Open	Shenanigans	6:01:12
2	Male - Open	Husky Running Club: Men in Tights	6:17:25
3	Male - Open	Kamiak	6:19:48
4	Male - Open	Vo2 Multisport 4	6:52:34
5	Male - Open	Foreclosers	7:00:54
6	Mixed - Master	More Guts Than Ability	7:06:20
7	Mixed - Open	Huskies with the Runs	7:11:43
8	Mixed - Open	Vo2 Multisport 2	7:12:07
9	Mixed - Open	Tacoma Y'ners aka Henry's Hooligans	7:13:09
10	Female - Open	Moms on the Run and Friends	7:18:25
11	Mixed - Open	Team Dae Han	7:18:47
12	Male - Veteran	Moving Violation	7:20:35
13	Mixed - Open	Superman and Friends	7:21:07
14	Mixed - Open	GTL	7:21:24
15	Male - Open	Got Beat By a Girl!	7:22:37
16	Female - Open	COX1 Inhibitors	7:23:07
17	Male - Master	Vo2multisport Team 5	7:23:41
18	Female - Open	The Women of Husky Running Club	7:27:49
19	Mixed - Open	Kingsadirosaloriannathew	7:30:25
20	Male - Master	Beer Run	7:36:14
21	Male - Master	Plateau Running Club	7:38:49
22	Mixed - Master	Vo2 Multisport 1	7:39:32
23	Male - Open	Runnin' Dirty	7:41:50
24	Female - Master	Chili Peppers	7:42:58
25	Male - Master	The Usual Suspects	7:43:45
26	Female - Open	COACHLESLEY.COM DIVAS	7:43:46
27	Rec - Rec	COACHLESLEY.COM KICKIN ARSE	7:44:46
28	Mixed - Open	DIESEL Crew	7:46:04
29	Male - Master	Silver Bullet	7:46:36
30	Mixed - Open	Git Er Done	7:47:03
31	Mixed - Open	RFC	7:47:26
32	Male - Master	Coinheads	7:50:24
33	Male - Open	Blackbeard's Delight	7:55:49
34	Female - Open	Kitsap Road Kilts Too!	7:57:06
35	Female - Open	Phat Chicks	7:58:16
36	Male - Open	Paced Out	7:59:12
37	Mixed - Open	Runner's Curse	8:02:54
38	Mixed - Open	MWC Running Club 1	8:03:04
39	Mixed - Open	Synapse BFOAGWGH	8:04:20
40	Mixed - Master	Vo2 Multisport 3	8:05:07
41	Rec - Rec	COACHLESLEY.COM TRAILBLAZERS	8:06:14
42	Mixed - Open	Full of NRG	8:06:22
43	Male - Open	Cycle U	8:07:58
44	Male - Master	Hormone Derange	8:08:55

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45	Mixed - Master	ESRers	8:11:58
46	Male - Veteran	Can't Stand to Walk	8:12:13
47	Male - Master	MEAN GREEN	8:12:17
48	Mixed - Master	Nature KALLS	8:13:04
49	Male - Master	Red Headed Rose Petals	8:13:40
50	Mixed - Open	Mascots With Ascots	8:17:01
51	Mixed - Open	Peculiar Dripping Monkeys	8:17:20
52	Mixed - Open	Geezers & Teasers	8:18:46
53	Mixed - Open	Where's the Bear?	8:20:49
54	Mixed - Master	Elite Fitness	8:21:36
55	Mixed - Open	Above Standard II	8:22:57
56	Female - Open	Tepker Law Firm	8:31:16
57	Mixed - Master	Lynnwood CF, older, wiser, and faster.	8:31:34
58	Rec - Rec	Going on 30	8:33:05
59	Female - Master	Kitsap Road Kilts	8:34:54
60	Mixed - Open	Team Without A Name	8:35:51
61	Mixed - Open	Run Doris Run	8:38:07
62	Female - Open	The Cougars	8:38:35
63	Rec - Rec	Westfalians	8:39:32
64	Mixed - Open	Fun Bobbies	8:40:05
65	Mixed - Open	Tuesday Night Run Club	8:40:13
66	Female - Master	Team JADDT	8:40:32
67	Rec - Rec	Mt. Si Rec-ers	8:43:02
68	Rec - Rec	3 Dolls and 2 Dudes	8:44:54
69	Mixed - Open	Keepin' on Truckin'	8:47:04
70	Female - Open	Sole Sisters	8:48:45
71	Mixed - Veteran	Slug Club	8:49:41
72	Male - Open	Naval Hospital Fleet Feet	8:50:51
73	Female - Open	Crazy Legs	8:52:27
74	Female - Open	COX 2 Inhibitors	8:52:47
75	Rec - Rec	GLG Runners	8:53:42
76	Female - Master	Badass Mother Runners	8:55:22
77	Mixed - Open	RAScALs	8:55:36
78	Mixed - Open	Run Rest Run Pizza	9:00:55
79	Rec - Rec	Greased Molasses Lite	9:00:59
80	Rec - Rec	Safety Geeks	9:09:26
81	Male - Open	ADAPT	9:11:38
82	Mixed - Master	Carbo Neutral	9:16:05
83	Female - Master	Holy Hotness	9:17:06
84	Female - Open	Sole Sisters	9:18:07
85	Mixed - Master	We've Got The Runs	9:30:59
86	Female - Open	Dangerous Liaisons	9:38:20
87	Male - Open	O'Raja	9:44:00
88	Male - Master	Will Race For Beer	9:51:13
89	Rec - Rec	Cougar Bait	9:57:19
90	Rec - Rec	Mom's just want to have fun too!	10:00:51
91	Rec - Rec	Not so much NRG	10:03:36
92	Mixed - Open	Trail Bait	10:07:17
93	Mixed - Open	MWC Running Club 1	10:18:27
94	Mixed - Open	The Twisted Blisters	10:22:35