

# Mt. Si Ultras Course Map

## Aid stations and drop bags

	Location	50M distance in miles	50K distance in miles	Notes
Aid #1	356th Ave. Fall City	5.7	-	50M Drop Bag #1
Aid #2	50M Turnaround	9.9	-	Mini-station
Aid #3	356th Ave. Fall City	14.0	-	50M Drop Bag #1
Aid #4	Mt. Si Golf Course	20.5	1.5	Full station, a.m. only
Aid #5	North Bend Way	24.5	5.5	Full station, a.m. & p.m.
Aid #6	Rattlesnake Lake	29.0	10.0	50K drop bag   50M bag #2
Aid #7	Twin Falls Turnaround	34.5	15.5	Pit toilets past aid station
Aid #8	Rattlesnake Lake	40.0	21.0	Drop bags leave at 12:30
Aid #9	North Bend Way	44.5	25.5	Full station, a.m. & p.m.
Aid #10	Torguson Park	46.4	27.5	Water station only, p.m.

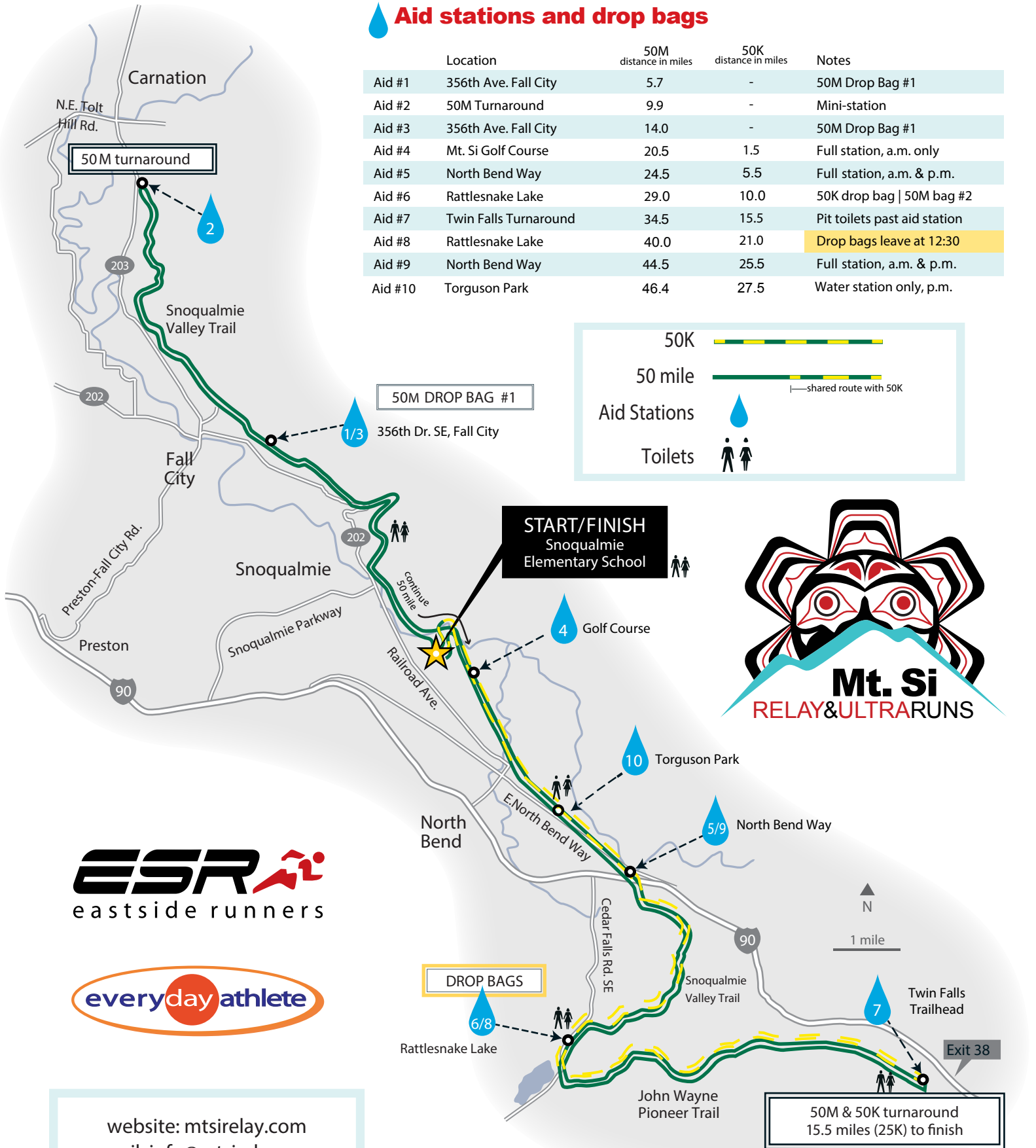
50K

50 mile

Aid Stations

Toilets

—shared route with 50K



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